

# The Pitch Plan

## **Coaching Basics**

### Remember: This is about FUN! FRIENDS! SPORT! LEARNING!

Sportsmanship. Skill development. Teamwork. Competition. Exercise.

#### **COACHING TOOLS:**

- Use your AYSO Age-Specific Manuals and <u>resources</u>
- Contact your Region's experienced coaches or mentors for support
- Attend local Coach Ed events
- Use AYSO Coach partners, <u>The Coaching Manual</u>, <u>MOJO</u>, <u>U.S. Soccer</u>

#### Model

Safety (area, never leave player alone, etc)
Positive behavior (no yelling)
Respect (opponents, officials)
Good sportsmanship (win or lose)
Punctuality

Normalize errors - mistakes are stepping stones to development!

### Tips

Take a referee class

**Get support from parents** 

Let your players explore different positions

1. Did your players (individually and as a team), improve during the season?

2. Do your players want to play next season?

